

Improvements

Parents Report



- **Improved sleep**
- **Calmer, more affectionate**
- **Improved focus/attention**
- **Improved bowel health**
- **More "present"**
- **Less sensory disturbance**
- **Improved cognition**
- **More language**
- **Improved social skills**



Available at:

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Although MHBT has been anecdotally reported to be of benefit to individuals with ASD and brain injury, the FDA considers its use in these conditions to be "off label" and no therapeutic outcomes can be guaranteed.

Mild Hyperbaric Therapy For Brain Injury And Children with Autism Spectrum Disorder:

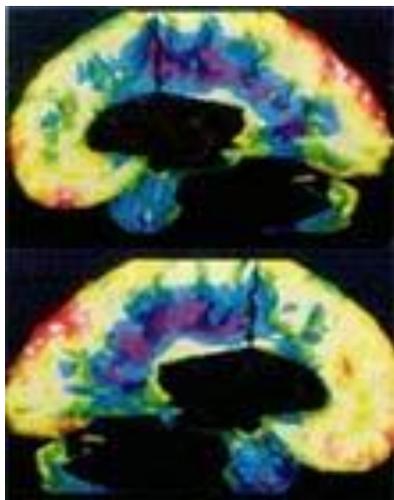
**Healing Autism from the inside out:
How oxygen and pressure can make the
difference in immune system, gut and
brain function.**



Medical Director

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How mHBT Works



Blue colors indicate low blood flow and limited brain activity

Oxygen Under Pressure

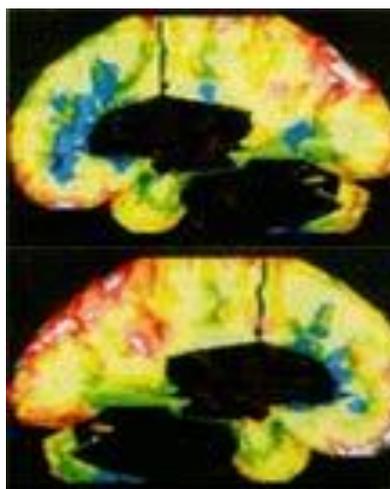
Henry's Law says that any gas, when placed under pressure, is more likely to dissolve into liquid. If the gas is oxygen, and the liquid is blood, then increased pressure increases oxygen delivery to the body's tissues. This happens not just by adding more oxygen to our red blood cells, but also by dissolving a small amount of oxygen into our plasma. The oxygen in the plasma, when it arrives at damaged tissue or dormant brain cells, penetrates that dormant or damaged tissue more deeply and repairs damaged tissue cells or awakens sleeping brain cells.

Brain Cells

Awakening dormant brain cells has obvious importance to children with autism and brain injury. Those revived cells can then be used for important things like speech, motor skills and social skills.

Sensory Function

Although you cannot feel it, being inside the mild hyperbaric chamber is, to your joint receptors, like a perfect deep pressure squeeze without actually being touched. Our patients are almost universally calmer and asking for the chamber after one or two sessions!



Same patient after mild hyperbaric- yellows, reds and white indicate higher blood flow and brain activity

Healing the body

Small doses of oxygen have positive effects on immune function and facilitate healthier gut flora and function. Eye contact increases and is sustained over time. Children are often much more affectionate and "snuggly" in the chamber. Improved sleep is a dramatic and often overnight change that is good for an entire family! Research is ongoing, but it is clear that mild hyperbaric oxygen therapy is a great new tool for our children. In healing the body there is tremendous return on the investment.

Physicians working with children with autism are very excited about the improvements they are seeing with use of mild hyperbaric oxygen.

Many Defeat Autism Now! Practitioners have chambers in their clinics. Many families, after a trial of therapy in a clinic, have purchased chambers for use in their home.

Visit our website and find out how mild hyperbaric oxygen can help your child.